# Chef Bill's Lunch Fresh Sheet

#### **SPARKLING WINE FEATURE**

Lunetta Prosecco, Delle Venezie, 187 MI Individual Sized Bottle 9.50 Imported and individual! This aromatic sparkling wine comes straight from Italy and is the perfect start to your meal.

#### SICILIAN WINE FLIGHT

Featuring the wines of Tasca d'Almerita, Sicily, Italy

13

Estate owned by the Tasca d'Almerita family since 1837, taste Italy without leaving Tacoma!

2006 Leone d'Almerita Bianco

2006 Regaleali Nero d'Avola

2005 Lamuri Nero d'Avola

## **Appetizers**

#### **SMOKED AHI CARPACCIO\***

Thin-sliced black pepper-crusted smoked Ahi with baby arugula, lemon vinaigrette and shaved Parmigiano-Reggiano. 13

Fish is served raw.

#### **MUSSELS PROVENCAL**

Tender mussels simmered in garlic, onion, tomato, olive oil, herbs and white wine. Side of toasted focaccia. 11

Cooked to order.

## **Starters**

#### **CREAMY PORCINI MUSHROOM SOUP**

Italian porcinis, cremini and shiitake mushrooms are simmered in a rich vegetable stock with cream and fresh Italian herbs.

Cup 5 Bowl 9

#### **GRILLED ROMAINE WITH GORGONZOLA AND PEAR**

Warm grilled heart of romaine lettuce with Italian gorgonzola blue cheese vinaigrette, baby tomato, cracked smoked hazelnuts and crisp pear. 8

Contains nut product.

#### **Entrees**

## **ITALIAN HERB GRILLED KING SALMON\***

The king of salmons from the pacific, is fire-grilled with lemon-herb butter, served with a cannellini bean, red onion, tomato, caper and fresh basil insalata, lemon-olive oil drizzled fresh arugula. 17

Cooked to order to your specifications.

## **GRILLED PRAWNS WITH SPAGHETTI SQUASH\***

Garlic seasoned prawns are grilled and served atop sautéed spaghetti squash with bell peppers, grilled herb-zucchini and pesto butter sauce. 14

Cooked to order. Contains nut product

## **ADRIATIC CIOPPINO \***

Prawns, mussels, clams, scallops, white fish, fresh spinach and Italian herbs simmered in a rich tomato cioppino sauce. With garlic bruschetta. 18

Cooked to order.

## PARMIGIANO-REGGIANO CRUSTED TILAPIA \*

Seared tilapia fillet is crusted with Parmigiano-Reggiano, butter sauce, rosemary polenta cake and grilled herb zucchini. 12

Cooked to order to your specifications.

## **SWORDFISH WITH VEGETABLE RISOTTO \***

The Big Fish form the Atlantic is grilled with garlic-olive oil butter, served with roasted zucchini and a creamy risotto with broccoli, cremini mushrooms, roasted bell peppers and Roma tomatoes. 19

Cooked to order to your specifications.

## STEELHEAD WITH FRESH PESTO \*

Baked with extra virgin olive oil, fresh lemon juice, Italian sea salt and crushed red pepper. Topped with our fresh basil pesto, linguine fini garlic pasta and grilled zucchini. 13 Cooked to order to your specifications. Contains nut product

## \$9.95 Lunch Combinations

With your choice of Romaine Salad (Caesar, Italian, Ranch or Balsamic Vinaigrette) OR Cup of Soup (Sausage-Lentil or Creamy Porcini Mushroom)

## **ENTREE SELECTIONS**

Two Italian Sliders Chicken Cannelloni (1)

Small Pepperoni Pizza Small Spaghetti with Meatball

Small Rigatoni with Bolognese Sauce Small Chicken Fettuccine Alfredo

Soup and Salad (one of each from above)

# Chef Bill's Dinner Fresh Sheet

#### SPARKLING WINE FEATURE

Lunetta Prosecco, Delle Venezie, 187 MI Individual Sized Bottle 9.50 Imported and individual! This aromatic sparkling wine comes straight from Italy and is the perfect start to your meal.

#### **SICILIAN WINE FLIGHT**

Featuring the wines of Tasca d'Almerita, Sicily, Italy

13

Estate owned by the Tasca d'Almerita family since 1837, taste Italy without leaving Tacoma!

2006 Leone d'Almerita Bianco

2006 Regaleali Nero d'Avola

2005 Lamuri Nero d'Avola

# **Appetizers**

#### **SMOKED AHI CARPACCIO\***

Thin-sliced black pepper-crusted smoked ahi with baby arugula, lemon vinaigrette and shaved Parmigiano-Reggiano. 13

Fish is served raw.

#### **MUSSELS PROVENÇAL**

Tender mussels simmered in garlic, onion, tomato, olive oil, herbs and white wine. Side of toasted focaccia. 11

Cooked to order.

#### **ROSSO FUNGHI ARROSTO**

Medley of wild mushrooms with Italian Chianti, cream and fresh thyme.

Served over a grilled portobello mushroom with roasted

Roma tomato wedges and garlic bruschetta. 10

## **Starters**

#### **CREAMY PORCINI MUSHROOM SOUP**

Italian porcinis, cremini and shiitake mushrooms are simmered in a rich vegetable stock with cream and fresh Italian herbs.

Cup 5 Bowl 9

#### **GRILLED ROMAINE WITH GORGONZOLA AND PEAR**

Warm grilled heart of romaine lettuce with Italian gorgonzola blue cheese vinaigrette, baby tomato, cracked smoked hazelnuts and crisp pear. 9

Contains nut product.

## **Entrees**

## **ITALIAN HERB GRILLED KING SALMON\***

The king of salmons from the pacific, is fire-grilled with lemon-herb butter, served with a cannellini bean, red onion, tomato, caper and fresh basil insalata, lemon-olive oil drizzled fresh arugula. 26

Cooked to order to your specifications.

#### **ADRIATIC CIOPPINO \***

Prawns, mussels, clams, scallops, white fish, fresh spinach and Italian herbs simmered in a rich tomato cioppino sauce. With garlic bruschetta. 27

Cooked to order.

## **GRILLED PRAWNS WITH SPAGHETTI SQUASH\***

Garlic seasoned prawns are grilled and served atop sautéed spaghetti squash(vegetable pasta) with red bell peppers, grilled herb-zucchini and pesto butter sauce. 24

Cooked to order. Contains nut product.

## PENNE WITH SMOKED SCALLOPS \*

Al dente penne rigate with smoked jumbo scallops, smoked hazelnuts, roasted red pepper, scallions, Parmigiano-Reggiano, roasted garlic cream sauce. 22

Contains nut product.

#### **PARMIGIANO-REGGIANO CRUSTED TILAPIA\***

Seared tilapia fillets are crusted with Parmigiano-Reggiano, butter sauce, crispy rosemary polenta cake and grilled herb zucchini. 19

Cooked to order to your specifications.

## **SWORDFISH WITH VEGETABLE RISOTTO \***

The Big Fish form the Atlantic is grilled with garlic-olive oil butter, served with roasted zucchini and a creamy risotto with broccoli, cremini mushrooms, roasted bell peppers and Roma tomatoes. 29

Cooked to order to your specifications.

## STEELHEAD WITH FRESH PESTO \*

Baked with extra virgin olive oil, fresh lemon juice, Italian sea salt and crushed red pepper.

With our fresh basil pesto, linguine fini garlic pasta and grilled zucchini. 20

Cooked to order to your specifications. Contains nut product.